

RENAE DESHAW, OTRL



Director of Advanced Hand Rehab

Bachelor of Science Degree in Speech Pathology, Central Michigan University, 2011

Master Degree in Occupational Therapy, Baker College, Flint, 2013

Member of:

- ASHT
- MIOTA

Continuing Education & Special Interests:

- Functional Capacity Evaluations
- Pre-work screenings & return-to-work assessments
- Work Conditioning
- Graston Technique
- Kinesiology Taping
- Myofascial Decompression

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For patients who need upper extremity rehabilitation, Renae Deshaw, OTRL is one of the best. Renae is an expert when it comes to pre-work screenings and return-to-work assessments. She has specialized training in functional capacity evaluations, which is a battery of tests administered to determine if someone is physically able to perform a particular job. If someone is unable to perform the job at hand, she has the training and knowledge to put together a Work Conditioning program specifically designed for the patient.

Renae received a Master of Occupational Therapy Degree from Baker College in 2013, and her future goal is to obtain a national certification in hand therapy, which is a prestigious distinction and a challenging credentialing course that entails thousands of hours of clinical work and experience as well as passing a rigorous exam. Her other continuing education includes the Graston Technique (instrument assisted soft-tissue mobilization) and Kinesiology Taping.

As an occupational therapist, it is Renae's job to help people gain independence in their daily lives. "I've had many patients tell me that their lives have been changed for the better. We hear all the time, 'You don't realize how much you use your hands until you can't.' I find it amazing to run into a patient years later and find that they still remember a lot about their treatment and our time together. I love being able to help people reach their goals. It makes my job worthwhile," said Renae.

Renae treats patients out of Advanced Hand Rehab's Grand Blanc facility and is the director of Advanced Hand Rehab. She is from Fenton, and when not working with patients, she enjoys spending time relaxing on the lake with her husband, son, family and friends and walking her two rescue dogs, Oakley and Larkin. Renae is also very active. She is an avid runner and regularly attends boot camp classes.

Renae considers herself to be an upbeat, positive person. She tries her best, with every patient, to create a welcoming environment. "I truly enjoy my job and try to give each patient one-hundred and ten percent. Our treatment philosophy is to be "hands-on" with all our patients and have their best interests. I think that shows every day in what we do," states Renae about her team.